

What's new in **Phase One**?

On **Friday, May 8 at 5pm**, North Carolina will move into Phase One. The **Stay at Home order** remains in place with some modifications. Here's what Phase One means for our state:

	Through May 8	Phase One
Commercial activity	People should only leave home for essential purposes (food, medicine, etc)	People can leave home for commercial activity and more businesses are open
Retail	20% capacity allowed	50% capacity allowed with cleaning and social distancing
Gatherings	10 person limit	10 person limit-gathering outdoors with friends allowed
Childcare	Childcare centers open for essential workers only	Childcare centers open for working parents or those looking for work
Teleworking	Encouraged	Encouraged
Bars and Restaurants	Take-out and delivery	Take-out and delivery
Barbers/Salons/Massage	Closed	Closed
Theaters, Music Venues, Bowling Alleys	Closed	Closed
Gyms	Closed	Closed
Playgrounds	Closed	Closed
Visitation at Longterm Care Centers	Not allowed	Not allowed
Worship Services	Outdoor services allowed	Outdoor services allowed
State Parks and Trails	Local discretion	Opening encouraged
Face Coverings	Encouraged	Encouraged